Today's Readings

GENESIS 15:5-12. 17-18 ***God made a covenant with Abraham, his faithful servant.***

PHILIPPIANS 3:7—4:1 ***Christ will transfigure these bodies of ours into copies of his glorious body.***

LUKE 9:28-36 ***As Jesus prayed , the aspect of his face changed, and his clothing became brilliant as lightning.***

ENTRANCE ANTIPHON– Of you my heart has spoken, Seek his face. It is your face, O Lord, that I seek; hide not you face from me.
RESPONSORIAL PSALM– The Lord is my light and my salvation.
GOSPEL ACCLAMATION– Glory and praise to you, Lord Jesus Christ! From the shining cloud the Father's voice is heard: this is my beloved Son, hear him. Glory and praise to you, O Lord Jesus Christ!

Counting Roster -2021.
13/3/22-Barclay Team
20/3/22-Hunt Team

Altar Society- 2021
20/3/22-Elliott Team
27/3/22-Fsadni Team

HARD OF HEARING? Our Church has been equipped with a Powered Audio Induction Loop system for hearing aid wearers **(T-Loop)** - To obtain effective use of the loop sit in the main body of the church avoiding the very edge seats, turn hearing aid to **T** & adjust the volume to suit

www.stpatssutherland.org.au

ST. PATRICK'S CHURCH

136 Flora Street, Sutherland NSW 2232 (PO Box 57 Sutherland 1499)
Ph. 9521 2356 Fax 9521 7252 www.stpatsutherland.org.au
Fr Dan McCaughan (Parish Priest): pp@stpatssutherland.org.au
Deacon-Adrian Simmons: admin@stpatssutherland.org.au
Kaylene Baumanis (Parish Secretary): info@stpatssutherland.org.au
St Patrick's Primary School Principal: Mrs Leonie Burfield: info@stpsutherland.catholic.edu.au

DUE TO COVID-19, LIMITED NUMBERS PERMITTED, PLEASE CHECK OUR WEBSITE FOR FURTHER DETAILS.

St Patrick's Parish acknowledges and honours the Gweagal People of the Dharawal Nation as the original custodians of this land

St Patrick's Sutherland is a Parish that strives to safeguard children at all times.

Second Sunday of Lent Year C

13 March 2022

Early in our Lenten journey, we are shown Jesus' transfiguration in prayer for our encouragement. Even in the manifestation of Moses and Elijah in glory speaking with Jesus, his forthcoming passion and death are foreshadowed. We are like the disciples – we do not understand the significance of suffering. The Father's voice confirms Jesus in his mission, and invites us to listen, to follow and believe in Jesus alone.

The concept of fasting has in recent years become popular for it benefits to health. Modern dieticians and contemporary biochemist tell us that fasting allows for the body to concentrate energy on repair and regulation of digestion chemicals. On the surface this is understandable due to the energy of digestion, with its accompanying chemical production (hydrochloric acid, bile, enzymes and insulin) uses a lot of energy. However, science now tells us that fasting might also have neurological benefits and assist with focus and mood regulation. It would seem that fasting is an important activity to integrate into daily life.

This of course is nothing new to the Church which maintains that fasting should be a regular part of our dietary and religious practise. This unites both the physical and spiritual health as a motivation to take time not satiating our desires, demonstrating that we have control over our self and our actions. Additionally, it also gives space for the individual to appreciate what they have and be aware of the blessings that God gives them.

At this time of Lent, fasting leads us more deeply into unity with Christ by allowing us to exercise our will over our passions. By doing this our feelings are physically (and biochemically) regulated, and our focus placed on the actions of Christ, instead of the common focus on self. The fast does not need to be from all food but imagine the benefits of fasting from meat or coffee in addition to what ever you give up this Lent. Taking it out of the sphere of food and drink, imagine fasting from anger or harsh words, gossip or detraction. Fasting is an action that leaves a space in our lives- and our bodies – for things that he chooses and hold more important. If you are a healthy individual, God might be inviting you to try fasting as a part of your Lenten exercises.

Dcn Adrian

"I hope this email finds you well"
How the email found me:

2023 Kindergarten Enrolments open from Monday, 7th March 2022.
St Patrick's Catholic Primary School, Sutherland is among more than 620 Catholic schools in NSW and the ACT that will celebrate Sydney Catholic Schools in March 2022. During this time we take the opportunity to strengthen relationships between our school and valued community members including parents, grandparents, carers, parish friends and our parish Priest, Fr Dan McCaughan.
St Patrick's Catholic Primary School, Sutherland, will be open for school tours on Monday, 7 March and Thursday, 10 March between 3.45pm and 5.00pm.
Enrolment packs will be available from the School office.
We look forward to welcoming you.

The Parish Piety Stall is open every Saturday before and after the 5pm Mass and on the 1st and 3rd Sunday of each Month after the 8am Mass and before and after the 10am Mass.

Many thanks for your continued support.

Eucharist Adoration

Held in the Chapel from 8am on Tuesday to Saturday

"As a man must be born before he can begin to lead his physical life, so he must be born to lead a Divine Life. That birth occurs in the Sacrament of Baptism. To survive, he must be nourished by Divine Life; that is done in the Sacrament of the Holy Eucharist."

Catechist update
Thank you for your prayers especially on Wednesdays and Thursdays. We have now had two weeks into Term 1. It is wonderful to watch the young faces attentively listening as they learn all about God's love and about our faith in daily life. We're excited to have Deacon Adrian visiting the year 3/4 classes during this Term. This is the same age group which normally prepares for the sacrament of Reconciliation. Once again, thank you from all the Catechists.
Bertha berthafsadni@gmail.com 0438408430

ST PATRICK'S COLLEGE
OPEN DAY

WEDNESDAY 23RD MARCH 2022 | 4:00pm - 6:30pm

Open Day tours are a great way of discovering what St Patrick's College, Sutherland has to offer you and your family.

You are invited to join us for a guided tour of our campus to learn about our College, see our facilities and witness inspiring teaching and learning in action.

Our 2022 Open Day is by appointment only and subject to change pending Covid-19 restrictions.

Visit *www.spcsutherland.catholic.edu.au* to book your Open Day tour now.

The Open Day tour is expected to last approximately 45 minutes.
Please arrive 5 minutes prior to your scheduled group start time.

- Applications for Enrolment for Year 7, 2024 accepted at the College from Monday, 7 March 2022.
- Applications for Enrolment for Year 7, 2024 close Friday, 1 April 2022.
- Applications for Enrolment and all policies can be accessed via the Sydney Catholic Schools website or at the Open Day.
- Applications can be submitted to the College via post or by scanning (photographed documents will not be accepted) and emailing: enrolments@spcsutherland.catholic.edu.au
- For College news and updates, like or follow our Facebook page: www.facebook.com/spcsutherland

Seek Wisdom in Christ
Educating for the future for over 60 years.
www.spcsutherland.catholic.edu.au

CHURCH CLEANING

As parishioners we are very lucky at St Patrick's to be bale to come to church each week and celebrate together in a clean church.
Who cleans the Church you ask?
For over 35 years small teams of men and women parishioners have kept St Patrick's clean and tidy each week.
The majority of these parishioners are in their mid to late 70's and due to illness the number has greatly reduced and an injection of new volunteers is urgently needed.
There are currently 4 teams. The teams meet on a mutually agreed day for about 1 hour a month. The tasks are vacuuming, sweeping, dusting the seats and cleaning the Sacristy. Men and women are welcome and parents with preschoolers are welcome to bring them along. Please seriously consider yourself or you may have a group of friends that would like to clean together. The commitment is not much but the benefits are huge. Please contact Kaylene in the parish office if you can help on 9521 2356.

CHURCH GARDENS

The gardening group meets on the second & fourth Fridays of each month between 8am & 10.30am
At present the gardens are growing faster than can be maintained.
The gardening group is desperately seeking more people who can assist with either mowing , watering , sweeping or weeding for any amount of time when we meet, If you can spare any time to assist in maintaining the church gardens we would certainly appreciate the extra help.
Please bring a water bottle & gloves
All equipment supplied
Pls contact Kevin Redman 0402856114 for more details

YOUR PRAYERS ARE REQUESTED FOR THE SICK: John McKenzie, Mary Tuite, Gloria Klein, Graham Lamberti, Elizabeth Kinsella, Eileen Kenny, Ted Cramsie, Joanne Dideta, Eileen Talbot, Adam Henson, Wendy Fell, Kristy Bugeja, Elizabeth Pemberton, Arnanoud Lemerie, Solange La Douce Jean Fabien, Steve Smith, Lloyd Handley, Bruce Kent, Anne Cassidy, Rafael Monserrat, Lena Mallet, Martine Benoit, Norma Miller, Lucy Gault, Ron Monro, Lorraine Davies, Bill Burke, John Bonadio, Marie Cameron, Patricia Holbrook, Maria & Luigi Altavilla, Marlene Visage, Maureen Fraser, Carol Drew, Ron Strauss, Patti Gore. All the residents in Nagle Apartments. All the residents in Bupa. All residents in Lark Ellen. All residents in the Palms.
RECENTLY DECEASED: Mary Tuite, Dorothy Harbort-Hubener, Manuel Palafox, Naty Choy
ANNIVERSARY:Anthony Esler, Maria Maringolo N. Almeida
DECEASED MEMBERS & FRIENDS: Molly McFarlane, Kevin Gore, Bill Morris, Joan Quinn, Frank Townsend, David Hofffman, Menezes & Minshull Families, Mona McGovern, Veri Laarakkers, Helen Warham, David Dee, Dorothy Lynch, Reg Benson, Pat Bathurst, Gabrielle Scarra, Dec'd PBVM Sisters, Robertson Family, Claude Press, John Press, Peter Rendell, Barry Scott, Margaret Stokes, Paul Fraser, Karen Westnidge, McMullen & Brown Families, Philip Struthers, Jim Walsh, Shirley Dent, Thomas O'Brien, Tyran Sharman, Gregory & Eileen Dodd, Sr Mary Julian, Larkin Family, Mullins Family, Fr. L. Cruikshank, members of McNamara, Torrington, Preston, Dent, Barrett, Mahoney, Lollback, Mason & O'Leary families, Terry McNamara, Griggs, Nunan,Farrell families, Jack Ethers, Mrs Hills, Mr & Mrs English, Aunt Nora and Aunt Thelma, Irene Mason, Monica & John Robinson, Don Barrett. Miller family & friends, Holy Souls in Purgatory